

Twirl and Spin

Twirl around, spin like a top,
Go, go, go, and then you stop!
Wave your arms, touch your feet,
Now stand tall and take a seat.



Motions:

- Spin around in place like a top.
- Pause for a dramatic stop at the second line.
- Wave arms, then bend to touch feet.
- Stand tall and sit down at the end.